



NORFOLK HOUSING ASSOCIATION

# JUNE 2023

## CONTACT INFORMATION

1118 Kensington Road NW  
Calgary. AB T2N 3P1

Phone: 403.270.3062

Email: [admin@norfolkhousing.ca](mailto:admin@norfolkhousing.ca)

[www.norfolkhousing.ca](http://www.norfolkhousing.ca)

After Hours Emergency:  
403.651.3717

## OFFICE HOURS:

Monday - Friday  
9:30 am - 4:00 pm

**Upcoming Holiday Closures:**  
June 16

FOLLOW US ON INSTAGRAM  
AND FACEBOOK FOR UPDATES,  
EVENTS, AND MORE.



NORFOLK  
HOUSING  
ASSOCIATION

## SPRING CLEAN DAY JUNE 24

We're excited to offer a spring clean day - this time with the chance for a yard sale!

There will be bins at select sites and volunteers will be available to make pick ups from all buildings of garbage, donations, and hazardous materials.

If you're interested in selling household items, we are going to offer tables and host a yard sale.

## DEADLINE TO RESERVE A TABLE FOR THE YARD SALE IS JUNE 8TH

Please email [nick.m@norfolkhousing.ca](mailto:nick.m@norfolkhousing.ca) to RSVP for a table.

We will send out a more detailed communication closer to the event with the times for each building

**AND DON'T FORGET! Your Resident Handbook has a cleaning list you can use as a guide, anytime.**

Springboard Performance and HSCA Presents

# Neighbour Day



Updates Here:



## Calgary Flood - 10 Years After Saturday June 17

Calgarians! Bring Costumes and Instruments for the Parade in Sunnyside  
 Parade Meet at Noon at 7 Ave and 5 St NW. Bring Your Pet in Costume  
 containR Party 2-4pm Beside Ctrain Station  
 Live Music, Mural Painting, Beer Garden, Kids Zone

Celebrating Bow2Bluff:  
 bocci, ping pong, skate Park,  
 bbq, playground, wayfinding,  
 and shared garden

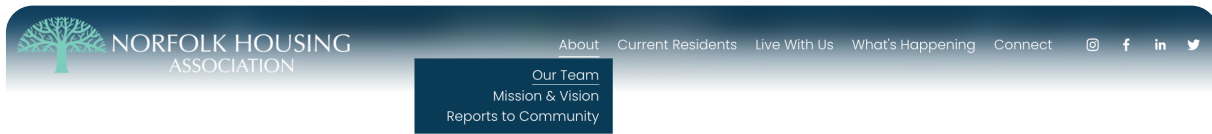
[SUNNYSIDEBRIGHTENING@GMAIL.COM](mailto:SUNNYSIDEBRIGHTENING@GMAIL.COM)

Alberta Bass Summer  
 Solstice Party 4pm, \$15





# WHERE TO FIND STAFF EMAILS



## MEET THE TEAM



Maya Kambeitz  
CHIEF EXECUTIVE OFFICER

Email Maya



Diana Clark  
INTERIM OPERATIONS LEAD

Email Diana



Charlaine Power  
DIRECTOR OF OPERATIONS (on leave)

On Leave



Samuel Rahkola  
ASSET MAINTENANCE LEAD

Email Samuel



Derek Enns  
MAINTENANCE COORDINATOR

Email Derek

Staff emails are conveniently located (and updated) on the NHA website - you can head there anytime you need. Head to [www.norfolkhousing.ca](http://www.norfolkhousing.ca) and click the "About" section and then "Our Team" to see everyone!

## COMING IN JULY: STAMPEDE BREAKFAST WE ARE LOOKING FOR VOLUNTEERS!

We are looking for up to 8 volunteers to help us at the Stampede Breakfast on **July 14th. Shifts are 3 hours, from 8am to 11am** and will include an orientation and a waiver for you to sign.

Some of the items we need help with:

- Helping the Batter Boys with various tasks (carrying, filling)
- Distributing plates and other utensils.
- Monitoring and directing guests to the correct stations (waste, compost, etc.).

Please email [nick.m@norfolkhousing.ca](mailto:nick.m@norfolkhousing.ca) if you'd like to help and earn Calgary Dollars!





## KEEP COOL THIS SUMMER

This summer is shaping up to be a hot one. We want you to know there are ways we can help you keep your unit cool. Please reach out to [mc@norfolkhousing.ca](mailto:mc@norfolkhousing.ca) to discuss blackout blinds or other options.

Additionally, please be diligent about CLOSING CURTAINS AND BLINDS during the day to keep out the heat. You can open windows and blinds in the evening to let in fresh, cool air!

## CALGARY DOLLARS

### CLIMATE ACTION AT NORFOLK

Did you know that you can get C\$10 every month by taking action for the climate? Email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for the climate action worksheet. Complete a minimum of 5 actions each month, send in a photo of your checklist, and get C\$10! Get paid to help our planet.

### SAVE UP TO \$200 QUARTERLY, ON YOUR RENT AT NORFOLK!

Did you know that Norfolk accepts up to C\$200 quarterly for rent? There are so many great ways to earn C\$, build community, and offset your costs!

C\$ is a nonprofit sponsored in part by the City of Calgary, and seeks to create a robust local economy, individual empowerment, and strong community connections.

Email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for more info, or sign up at [www.calgarydollars.ca](http://www.calgarydollars.ca)



## CALGARY DOLLARS

### **NORFOLK VIRTUAL SOCIAL**

Join us every Wednesday from 1:00 pm - 2:00 pm, on Google Meets, for the Norfolk Virtual Social. Meet your neighbours, share a laugh, build community, learn about the C\$ network, and receive an honorarium. Join from the comforts of your home (earn C\$60 for every 3 classes you attend)!

Join us using this link [meet.google.com/yxy-wvmnset](https://meet.google.com/yxy-wvmnset), or email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for more info and a copy of the link.

### **NORFOLK BUILDING AMBASSADORS - BOWEN & RILEY**

Norfolk is looking for a resident building ambassador at Bowen or Riley (C\$15/week). This is a three month position, with option for renewal. Approximately 1-2 hours per week. Responsibilities include:

- Keep cupboards neat and tidy / let office know when they need to be stocked (where applicable)
- Clean debris from lobbies and parking lots
- Make sure hallways are clear, tidy and open
- Check and tidy waste areas / ensure proper waste stream management.
- Share community and C\$ info whenever possible
- Check and tidy laundry rooms (where applicable)

C\$ Honorariums: C\$15/week.

Contact [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for more details!

# LAUNDRY ROOM

## ~ ETIQUETTE ~



**Wipe down the machine  
after you use it.**

**Clean out the dryer  
lint filter (every time!)**



**Use only ONE  
machine at a time.**

**Contact Coinamatic for  
any issue you may have  
with the machines**



**COINAMATIC 1-800-561-1972**