



NORFOLK HOUSING ASSOCIATION

MAY 2023

CONTACT INFORMATION

1118 Kensington Road NW
Calgary. AB T2N 3P1

Phone: 403.270.3062

Email: admin@norfolkhousing.ca

www.norfolkhousing.ca

After Hours Emergency:
403.651.3717

OFFICE HOURS:

Monday - Friday
9:30 am - 4:00 pm

Upcoming Holiday Closures:
May 22

FOLLOW US ON INSTAGRAM
AND FACEBOOK FOR UPDATES,
EVENTS, AND MORE.



NORFOLK
HOUSING
ASSOCIATION

**COMMUNITY ADVISORY GROUP
(CAG) MEETING**

**Join us for our second Community
Advisory Group meeting of the year!**

We'll be discussing options for cooling your units in the summer heat, providing updates on the wellness strategy, and discussing spring cleaning and gardening opportunities.

MAY 9TH, 5-7PM

In person: 1118 Kensington Road NW
Online: (Please ask for the link by RSVPing to
nick.m@norifolkhousing.ca)

Have something specific you want added to the agenda? Let us know! Email nick.m@norfolkhousing.ca

**THANK YOU TO EVERYONE WHO
ATTENDED OUR AGM!!**



MEET NICK!



Nick has joined the team until the end of the year as Administrative Assistant and we are so thrilled to have him.

Nick shares that for him, home means safety and relaxation. He likes participating in indoor activities that support fitness and holistic wellness, and his preferred hot bevie is tea!

Pop by the office and introduce yourself, he's excited to meet our wonderful residents.

Welcome to the team, Nick!

GARDEN COLLECTIVE

Garden Collective is a local produce delivery organization focused on making healthy food more accessible to Calgarians! They have free delivery fees with minimum orders and even memberships that include nutrition consultations.



Check them out! www.gardencollective.ca

NORFOLK FRIDAY SOCIAL - IN PERSON!

Kick off the weekend with your neighbours at Norfolk!

Come to the Norfolk Community Hub every Friday, between 12:00 pm and 4:00 pm (1118 Kensington Road, Main Floor).

Share a laugh, eat some snacks, and connect with your community. Calgary Dollars members will even receive C\$10 for attending! Email programs@calgayrdollars.ca for more info.



CALGARY DOLLARS

NORFOLK VIRTUAL SOCIAL

Join us every Wednesday from 1:00 pm - 2:00 pm, on Google Meets, for the Norfolk Virtual Social. Meet your neighbours, share a laugh, build community, learn about the C\$ network, and receive an honorarium. Join from the comforts of your home (earn C\$60 for every 3 classes you attend)!

Join us using this link meet.google.com/yxy-wvmnset, or email programs@calgarydollars.ca for more info and a copy of the link.

NORFOLK BUILDING AMBASSADORS - GAYNER HOUSE

Norfolk is looking for a resident building ambassador at Gayner House (C\$15/week). This is a three month position, with option for renewal. Approximately 1-2 hours per week. Responsibilities include:

- Keep cupboards neat and tidy / let office know when they need to be stocked (where applicable)
- Clean debris from lobbies and parking lots
- Make sure hallways are clear, tidy and open
- Check and tidy waste areas / ensure proper waste stream management.
- Share community and C\$ info whenever possible
- Check and tidy laundry rooms (where applicable)

C\$ Honorariums: C\$15/week.

Contact programs@calgarydollars.ca for more details!



CALGARY DOLLARS

CLIMATE ACTION AT NORFOLK

Did you know that you can get C\$10 every month by taking action for the climate? Email programs@calgarydollars.ca for the climate action worksheet. Complete a minimum of 5 actions each month, send in a photo of your checklist, and get C\$10! Get paid to help our planet.

SAVE UP TO \$200 QUARTERLY, ON YOUR RENT AT NORFOLK!

Did you know that Norfolk accepts up to C\$200 quarterly for rent? There are so many great ways to earn C\$, build community, and offset your costs!

C\$ is a nonprofit sponsored in part by the City of Calgary, and seeks to create a robust local economy, individual empowerment, and strong community connections.

Email programs@calgarydollars.ca for more info, or sign up at www.calgarydollars.ca

COMING IN JUNE

Neighbour Day is back June 17th which will also mark the return of the Summer Music Series in Kensington!

Live music activations will be every Saturday and Sunday until the end of August. Stay tuned for more details on both in the June newsletter - and catch them on NHA social media as well as the Kensington BRZ social media channels!