



NORFOLK HOUSING ASSOCIATION

# OCTOBER 2023

## CONTACT INFORMATION

1118 Kensington Road NW  
Calgary, AB T2N 3P1

Phone: 403.270.3062

Email: [admin@norfolkhousing.ca](mailto:admin@norfolkhousing.ca)

[www.norfolkhousing.ca](http://www.norfolkhousing.ca)

After Hours Emergency:  
403.651.3717

## OFFICE HOURS:

Monday - Friday  
9:30 am - 4:00 pm

## Upcoming Office Closures:

October 2  
October 9

FOLLOW US ON INSTAGRAM  
AND FACEBOOK FOR UPDATES,  
EVENTS, AND MORE.



NORFOLK  
HOUSING  
ASSOCIATION

## CHARLAINE IS BACK

Charlaine is back from her parental leave and resuming her duties as the Director of Operations.

She's looking forward to catching up with residents on hub days, be sure to pop in and say hi!

Thank you so much to Diana, who was such a valued member of our team while she was with us. We wish her all the best and expect to see her around the offices and an event or two!

## SAVE THE DATE

Help us send Sam off on his next adventure with a fond farewell on his last day with NHA.

Sam is moving back to Finland with his family and we are happy for him, though he will be deeply missed.

Friday, November 3

NHA Office (1118 Kensington Road NW)  
1:00-4:00pm

We will be serving light refreshments.



## SUITE INSPECTIONS

It's that time of year again! Later in the month you will receive notice with more details and your specific inspection date in October, but in the meantime, here are a few things to keep in mind.

These inspections help us better plan for maintenance and upgrades to the premises. Thank you for your understanding and cooperation.

### WHAT YOU CAN EXPECT

On the day of your inspection, **your notice will be for the entire day.** This is because typically the entire building will be inspected in the same day and it is difficult to give you an exact time when your inspection will take place.

**You are welcome to be home during the inspection, but it is not required.** The inspection itself typically takes no more than 15 minutes per unit.

### HOW YOU CAN PREPARE

**All areas of your home will need to be accessed on the day of the inspection,** so please ensure that they are reachable. This includes any storage rooms, bathrooms, bedrooms, balconies, living rooms and kitchens.

**Please make sure your pets are secure** and feel ok with others entering on the day of your inspection. If you are not going to be at home make sure leave a note letting us know there is a pet in the unit.

**If you have any maintenance concerns please leave a note somewhere visible.** Or alternatively you can submit a maintenance request using the form on our website [norfolkhousing.ca/maintenance-request](http://norfolkhousing.ca/maintenance-request) or call the office.

**Suite inspections are a great opportunity for you to ask questions and bring up concerns - please use it!** If you have any questions about these inspections do not hesitate to contact the office at 403.270.3062 or email Samuel at [samuel.r@norfolkhousing.ca](mailto:samuel.r@norfolkhousing.ca)



## **NO SMOKING REMINDER**

**We would like to remind all residents that smoking of cannabis, tobacco or any substance in your unit is not permitted.**

Second hand smoke directly infringes on your neighbour's peaceful enjoyment of their residence. It impacts the health and wellness of all residents and staff on the premises, can cause significant damage to the property and increases the risk of fire.

**Please do not smoke in your suite, which includes your balcony, in any common areas, or within 5 metres of the entrances.**

There is also no smoking under the Parking area of Norfolk House. Smoking in that area travels into the homes of the residents above.

We appreciate your attention to this matter and your cooperation.

## **BUILDING SECURITY**

As the weather shifts, we want to remind you that we can work together to keep our building safe and clean.

**Please do not hold the door open for people you don't know and do not buzz someone in if you do not first confirm that you know them!**

And of course, if you see someone in distress or sleeping in the elements and are unsure what to do, please call the HELP Team (formerly DOAP) at (403) 998-7388



## THINGS TO DO AROUND TOWN

### FROM EXCLUSION TO INCLUSION PHOTO EXHIBIT

**Where:** Calgary Chinese Cultural Centre, 197 – 1st Street SW, Calgary

**When:** Sept 30 - October 8

Entry is free. Runs daily 11 AM – 6 PM.

Take a journey with this historical photo exhibit showcasing 100 years of Chinese in Canada. Learn more about the influence that the Chinese had on Canada in the seminar offerings of food, acupuncture, and Chinese traditional medicine in sport and business.

### IMAGINARIUM

**Where:** Various locations

**When:** October 11-15

Wordfest presents Imaginarium with over 50 of the world's most generous writers, thinkers, activators, and inspirers in Calgary's Beltline and Victoria Park neighbourhoods. . Details at <https://wordfest.com/>

### SCREAMFEST

**Where:** Stampede Park

**When:** October 6-31

ScreamFest is coming back to haunt Calgary for the largest Halloween event in the city. Get ready to scream with a new haunted house, thrills, rides, carnival games, and more. Details at <https://screamfest.ca/>

### SPARK AFTER DARK: FEAR

**Where:** TELUS Spark Science Centre

**When:** October 13



## CALGARY DOLLARS

### NORFOLK VIRTUAL SOCIAL

Join us every Wednesday from 1:00 pm - 2:00 pm, on Google Meets, for the Norfolk Virtual Social. Meet your neighbours, share a laugh, build community, learn about the C\$ network, and receive an honorarium. Join from the comforts of your home (earn C\$60 for every 3 classes you attend)!

Join us using this link [meet.google.com/yxy-wvmnset](https://meet.google.com/yxy-wvmnset), or email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for more info and a copy of the link.

### CLIMATE ACTION AT NORFOLK

Did you know that you can get C\$10 every month by taking action for the climate? Email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for the climate action worksheet. Complete a minimum of 5 actions each month, send in a photo of your checklist, and get C\$10! Get paid to help our planet.

### SAVE UP TO \$200 QUARTERLY, ON YOUR RENT AT NORFOLK!

Did you know that Norfolk accepts up to C\$200 quarterly for rent? There are so many great ways to earn C\$, build community, and offset your costs!

C\$ is a nonprofit sponsored in part by the City of Calgary, and seeks to create a robust local economy, individual empowerment, and strong community connections.

Email [programs@calgarydollars.ca](mailto:programs@calgarydollars.ca) for more info, or sign up at [www.calgarydollars.ca](http://www.calgarydollars.ca)



The **James House Art Hive** is a community-based hub that provides creative and wellness programming for individuals facing homelessness to foster healthy connections and benefit from the therapeutic nature of art.

# THANKSGIVING CRAFT

**Wednesday October 4th  
1:30 pm - 3:30**

**EVERYONE WELCOME!!**

# FALL WREATH MAKING

**ART HIVE  
JAMES HOUSE  
344 14th St N.W.**

**All supplies included - Please register  
by e-mail to  
[arthive@mcmancalgary.ca](mailto:arthive@mcmancalgary.ca)**

The James House Art Hive is open to any Sunnyside Hillhurst community members who want to hone their artistic talent through a variety of group-based activities.

Activities include Art walks in the community, Guest instructors from the Calgary arts community, Community art exhibits, Wellness activities and other Special events.

Modelled after an international network of community art studios, The James House Art Hive was born of a collective mindset that everyone deserves places of belonging where they can express themselves.

The James House, which provides safe and stable housing options for individuals facing homelessness.